



Sizing Chart

Atom Armor Elite - Elbow Pads

**measure 4" up from the crease of your elbow*

XS (extra small) = 8"-10" bicep circumference

SM (small) = 10"-11" bicep circumference

MD (medium) = 11"-12" bicep circumference

LG (large) = 12"-13" bicep circumference

XL (extra large) = 13"+ bicep circumference

Atom Armor Elite - Knee Pads

**measure 4" up from the top of your patella (knee cap)*

XS (extra small) = 10"-12" circumference

SM (small) = 12"-16" circumference

MD (medium) = 16"-20" circumference

LG (large) = 20"-23" circumference

XL (extra large) = 23"+ circumference

Atom Armor Adult - Wrist Guards

**measure palm width 1" down from middle knuckle and across from pointer knuckle to pinky knuckle*

**measure wrist circumference from 1/4" past wrist bone*

SM (small) = 2.5"-3" palm width | 5"-6" wrist circumference

MD (medium) = 3"-4" palm width | 6"-6.5" wrist circumference

LG (large) = 4"-4.5" palm width | 7"-7.5" wrist circumference

XL (extra large) = 4.5"+ palm width | 8"-8.5" wrist circumference

